

Review of Harms Other Than Sexual

COLUMN 1	COLUMN 2	COLUMN 3	COLUMN 4	COLUMN 5
<p><b>Who Did I Hurt?</b></p>	<p><b>What Did I Do?</b></p>	<p><b>Affects My:</b></p> <p>Which part of self caused me to do what I did? Was it caused by :  <i>self-esteem,</i>  <i>pride,</i>  <i>emotional security,</i>  <i>financial security,</i>  <i>physical security,</i>  <i>ambitions or</i>  <i>personal relations?</i></p>	<p><b>What Feelings Did I Create In Others?</b></p> <p>Did I unjustifiably arouse:  <i>jealously,</i>  <i>suspicion ,</i>  <i>anger,</i>  <i>fear</i> or  <i>bitterness?</i>                      What should I have done instead?</p> <p>Other suggestions:  <i>Insecurity</i>  <i>Confusion</i>  <i>Frustration</i>  <i>Embarrassment</i>  <i>Sadness</i>  <i>Hurt</i></p>	<p><b>Where Had I Been:</b></p> <ul style="list-style-type: none"> <li>- <i>Frightened</i></li> <li>- <i>Inconsiderate</i></li> <li>- <i>Irresponsible</i></li> <li>- <i>Dishonest</i></li> <li>- <i>Selfish</i></li> <li>- <i>Self-Seeking</i></li> <li>- <i>Judgemental</i></li> </ul> <p>Which of the above character defects caused me to do what I did to harm another?</p>