

Step 12

Having had a spiritual awakening as **the** result of **these** steps == **THE PROMISE**

we tried to carry **this message** to alcoholics == **THE CHARGE**

and to practice **these principles** in all our affairs. == **THE CHALLENGE**

Spiritual Awakening = “personality change sufficient to bring about recovery “
“vast change in feeling and outlook’.....“transformations...of the educational variety
because they develop slowly over a period of time”.....”profound alteration in his
reaction to life” -----”Spiritual Experience” p 569

“huge emotional displacements and rearrangements. Ideas, emotions and attitudes
which were once the guiding forces of the lives of these men are suddenly cast to one
side, and a completely new set of conceptions and motives begin to dominate them.”
----- “There Is A Solution” p 27:4

“an entire psychic change” ---“The Doctor’s Opinion” p XXVii

this message = Having had a spiritual awakening as **the** result of **these** steps

these principles = **these** steps (see “How It Works” p 60:1)
“A.A.’s Twelve Steps are a group of **principles**, spiritual in nature” -- Twelve Steps &
Twelve Traditions” Forward p 15.

Can I really see how powerless I am over.....?
Can I realize the insanity of trying to control, knowing full well I cannot?
Can I make a decision to turn over’s will and life over to the care of God?
Can I inventory **me** and find those things within **me** that make me think I can control ...?
Can I talk about those things to another human being?
Can I become willing to have God remove those defects of character?
Can I ask Him to do so?
Can I make amends quickly when I’ve harmed